## **Teacher's Profile**

# PERSONAL PROFILE

| Name                | Dr. Pradeep Kumar Chouhan   |  |  |
|---------------------|---|--|--|
| Father's Name       | Shri Madan Singh Chouhan  |  |  |
| Date of Birth       | 29 <sup>th</sup> Sept. 1974   |  |  |
| Marital Status      | Married   |  |  |
| Nationality         | Indian  |  |  |
| Designation         | Associate Professor & HOD, Department of Rachana Sharir   |  |  |
| Address (Office)    | Govt. Autonomous AshtangAyurved College, Lokmanya Nagar, Keshar Bag Road,<br>Indore (M.P.) 452009 |  |  |
| Address (Residence) | 207-A Dhanwantari Nagar, Indore (M.P.) 452012   |  |  |
| Contact No.         | 0731-2472767 (Fax)  |  |  |
| Email               | chouhan.pradeep1974@gmail.com   |  |  |

## QUALIFICATION

- B.A.M.S. from Devi Ahilya University, Indore in the year 1998
- M.D. (Rachana Sharir) Lucknow University, Lucknow in the year2002
- Ph.D. (Shareer Rachana) Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur in the year 2012
- > D.Ac. from Indian Academy of Acupressure Science, Indore.
- C.C.Y.P. from Lucknow University, Lucknow.
- C.A.F.E. from Indira Gandhi National Open University, New Delhi.

## **TEACHING EXPERIENCE**

| Name of the Institute                            | Designation | From       | То         |
|--|-------------|------------|------------|
| Veena Vadini Ayurved Medical College, Bhopal     | Lecturer    | 31/05/2003 | 18/08/2003 |
| Shubhdeep Ayurved Medical College, Indore        | Lecturer    | 19/08/2003 | 05/01/2006 |
| Govt. Ayurved College, Jabalpur                  | Lecturer    | 06/01/2006 | 20/12/2008 |
| Shubhdeep Ayurved Medical College, Indore        | Reader      | 22/12/2008 | 20/10/2009 |
| Govt. Autonomous Ashtang Ayurved College, Indore | Lecturer    | 21/10/2009 | 13/06/2013 |
| Govt. Autonomous Ashtang Ayurved College, Indore | Reader      | 14/06/2013 | Till date  |

#### RELATED EXPERIENCE

- Saral Sanskrit Sambhasahan, UGC, New Delhi, Faculty of Ayurved, Lucknow University, Lucknow from 01 Sep.2003 to 02 Sep.2003
- Ex- Member, Board of Studies, Devi Ahilya University, Indore.
- Resource Person in Medical Officers Training Program 2016, Govt. Auto. Ashtang Ayurved College, Indore.
- Organizing Secretary, CME Program sponsored by Ministry of AYUSH, Govt. of India organized at Govt. Ashtang Ayurved College, Indore in Nov. 2017.

### PROFESSIONAL PROFILE

> Registration No. 47646 (Madhya Pradesh Ayurvedic, Unani & Prakritik Chikitsa Board, Bhopal,

Madhya Pradesh)

Central Council of Indian Medicine Teacher's Code No. AYURS 0024

#### MEMBERSHIPS

- Secretary, All India Ayurved PG (Specialty) Association, M.P.
- Former General Secretary, AJJAKS Indore Division, Affiliated by Govt. of M.P.
- President, AJJAKS Indore Division, Affiliated by Govt. of M.P.
- General Secretary, Ayurved Autonmous Sangh, Indore, M.P.

#### PUBLICATIONS

> Book

✓ "Marma and Its Management": co-Author, Chaukhambha Orientalia Publication, Varanasi.

#### Research Papers

- ✓ Ayurveda Literary Research Study on some important aspects of Srotas: Journal of Drug Delivery and Therapeutics (ISSN No.22501177) Vol. 8 Issue 5 (2018); 1-4
- ✓ Some classical Preventive and curative approaches of Ayurveda for Maintaining normal Physiology: European Journal of Biomedical and Pharmaceutical sciences, vol-2 issue 4, (2015), 155-159.
- ✓ Clinical Importance of Marma as per Ayurveda: A review, Bulletin of Advanced Scientific Research, 01 (03) (2015), 70-71.
- ✓ Asthi Vikaras and Asthi Sharira: A Review based on Ayurveda Literary, World Journal of Pharmaceutical and Medical Research, 3(11),(2017), 50-52.
- ✓ A Study of Srotas: Ayushamrata, Govt. AshtangAyurved College, Indore Journal, 01, (2007), 85-90.
- ✓ Srotomaya Sharir: Yashla Pakshika Patrika, 12, (2009), 25-26.
- ✓ Garbhadhan and PunsawanSanskara:,Gyanayani, 01-03, (2004), 57-58.
- ✓ HridayaSharir A Study: Sachitra Ayurveda, Shree BedhyanathAyurved Publication, 04, (2004), 912-914.
- MutravahaSrotasViz-A-Viz Micro-urinary system: Journals of ShubhdeepAyurved Medical College, Vol.-I, (Oct.2009), 24-25.
- ✓ Psoriasis and its Management by the Ayurvedic Medicines:Sachitra Ayurveda, Shree BedhyanathAyurved Publication, 03, (2005), 699-700.
- Many articles are publishing in News Paper and many papers are published as a co-author in National Journals.

#### ACHIEVEMENTS

Best M.D. Thesis (Rachana Sharir) Award, All India Sharir Research Institute, Lucknow.

### CME & ROTP

- CME Program, Govt. Auto. Ashtang Ayurved College, Indore Date 28-July2006 to 29-July2006.
- > ROTP Rachana Sharir, National Institute of Ayurved, Jaipur.

CME Rachana Sharir, Govt. Auto. Ashtang Ayurved College, Indore Date – Nov. 2017 to 29-Nov. 2017

- Second Interactive Workshop on Clinical anatomy, All India Sharir Research Institute, Lucknow, Dated
  5 March 2005 to 6 March 2005.
- Third Conclusive Interactive workshop on Clinical Anatomy, All India Sharir Research Institute, Lucknow, Dated 1 Oct. 2005 to 2 Oct. 2005.
- National Interactive workshop on Surgical Anatomy, All India Sharir Research Institute, Lucknow, Dated 19 August 2006 to 20 August 2006.

### SEMINARS

- National Seminar on Role of Ayurveda in Creation of Disease free Society, Dated 11-12 September 2010, Bhopal.
- National Seminar on Congenital Deformities, Causes and its Management, Dated 12-13 May 2012, Indore.
- Amrit mahotsava & National Seminar on Prakriti Vigyan, Dated 20-21 Feb. 2004, Lucknow.
- > National Seminar on Heart & Microcirculation, 28-29 March 2000, Lucknow.
- National Seminar on Ayurvedic management of Heart Diseases, 6 Oct. 2007, Ujjain.
- National Seminar on Aging, 1-2 Sept. 2001, Lucknow.
- National Seminar on Concepts & Treatment of Cardio vascular disorder & Birth control through Ayurveda, 9-10 March 2002.
- National Seminar on Recent Advancement of Ayurveda & future prospects, 10-11 March 2000, Udaipur.
- National Panchakarma Seminar, 18-20 Feb. 2000, Lucknow.
- National Seminar on the role of Ayurved in the management of various urinary disorders, 7-8 April 2007, Amravati.